

	Int	Total		Direction
	0.0	0.0		Start - Monocacy Middle School - Frederick, MD
	0.0	0.0	R	Opossumtown Pk (TL)
	0.3	0.3	L	Poole Jones Rd
	1.1	1.4	L	Christopher's Crossing
	0.7	2.1	X	Yellow Springs Pk (SS) tro Christopher's Crossing
	1.1	3.2	R	Rocky Springs Rd (SS,T)
	0.1	3.3	QL	Kemp Ln
	1.2	4.5	L	Shookstown Rd (SS,T)
	0.0	4.5	QR	Bowers Rd
	0.9	5.4	BR	tro Bowers Rd (on downhill)
	0.1	5.5	R	US40 (SS,T)
	4.8	10.3	R	Hollow Rd
	1.1	11.4	L/QR	onto Brethren Church Rd (SS) @ Harmony Rd
	0.6	12.0	X	cross US40 (SS)
#	1.8	13.8	L	Main St (SS,T,UM) - Myersville
	0.8	14.6	R	Milt Summers Rd (just after I-70)
	0.9	15.5	L	Mt Tabor Rd (SS,T)
	0.7	16.2	L	tro Mt Tabor Rd @ Frostown Rd
	1.1	17.3	X	cross US40Alt onto Bolivar Rd (SS) (to climb South Mountain on Alt-40 instead, turn R and see option [*A*] now)
	0.8	18.1	R	Reno Monument Rd (SS,T,UM) – climb mtn
	1.2	19.3		reach summit of South Mountain - CAUTION on downhill
	2.2	21.5	R	MD67 (SS) (Rohrersville Rd)
	1.6	23.1	L	US40Alt (SS,T)
	0.8	23.9	L	MD34 (Potomac St) – Boonsboro [*B*]
#	2.6	26.5		optional stop - Red Byrd Restaurant
	3.8	30.3	R	North Church St (MD65) - Antietam
#	0.2	30.5		Store on R - Battlefield Market
	0.7	31.2	BR	Donner Church Rd
	0.1	31.3	QBL	Old Sharpsburg Rd (UM) (1 st left)
	0.2	31.5	R	Smoketown Rd (1 st right)
	0.2	31.7	R	Mummas Farm Ln (UM) (1 st right)
	0.6	32.3	L	Richardson Ave (SS,T, UM)
	1.0	33.3	R	MD34 (SS,T) (déjà vu, eh?) (continued other side)

KEY**R/BR** = Right/Bear right**L/BL** = Left/Bear left**QL/QR** = Quick left/right**S** = Straight**X** = Cross**SS** = Stop Sign**T** = "T" intersection**TL** = Traffic light**UM** = Unmarked road**tro** = To Remain On**!XX!** = Metal bridge**>** = Becomes**#** = Store here

	Int	Total		Direction
#	0.6	33.9	L	S Church St > Burnside Bridge Rd
	2.5	36.4	BL	tro Burnside Bridge Rd @ Mills Rd
	2.1	38.5	R	Porterstown Rd (SS,T)
	0.2	38.7	R	Mount Briar Rd (SS,T) > Trego Rd
	2.1	40.8	R	MD67 (SS,T,UM)
	0.5	41.3	L	Townsend Rd
	1.2	42.5	L	Gapland Rd (SS,T) - Burkittsville
	0.2	42.7		summit - H20/Restrooms to right - CAUTION on downhill
	1.1	43.8	X	cross MD17
	3.3	47.1	S	Broad Run Rd (MD383 South)
	2.3	49.4	L	Jefferson Pike (SS) (MD180) - Jefferson
#				(for food: R on Lander @ 50.6 then L on Mountville - - then retrace steps to return to the route)
	4.2	53.6	L	Mt Zion Rd @ blinking light
	0.6	54.2	R	Mt Philip Rd
	3.3	57.5	L	MD40Alt (TL,T) (Old Natl Pike)
	0.1	57.6	QR	Old Camp Rd
#	0.1	57.7	X	cross US40 (TL) - STORE: 7-11
	0.2	57.9	R	Key Pkwy (SS)
	0.4	58.3	L	Waverley Dr (SS)
	0.4	58.7	L	Shookstown Rd (SS,T)
	0.4	59.1	R	Kemp Ln
	1.3	60.4	R	Rocky Springs Rd (SS,T)
	0.1	60.5	QL	Christopher's Crossing
	1.1	61.6	X	Yellow Springs Pk tro Christopher's Crossing
	0.7	62.3	R	Poole Jones Rd (SS,T) @ Walter Martz
	1.1	63.4	R	Opossumtown Pk (SS)
	0.3	63.7	L	Monocacy Middle School (TL)

Option A – Easier Climb on Alt-40, Avoiding Reno Monument Rd
(61.6-mile route)

	1.1	17.3	R	US40 Alt (SS) [*A*]
	2.1	19.4		Summit – Old South Mountain Inn on L caution on descent
	2.4	21.8	L	MD34 (Potomac St) – Boonsboro [*B*] rejoins main route; reduces distance by 2.1 miles